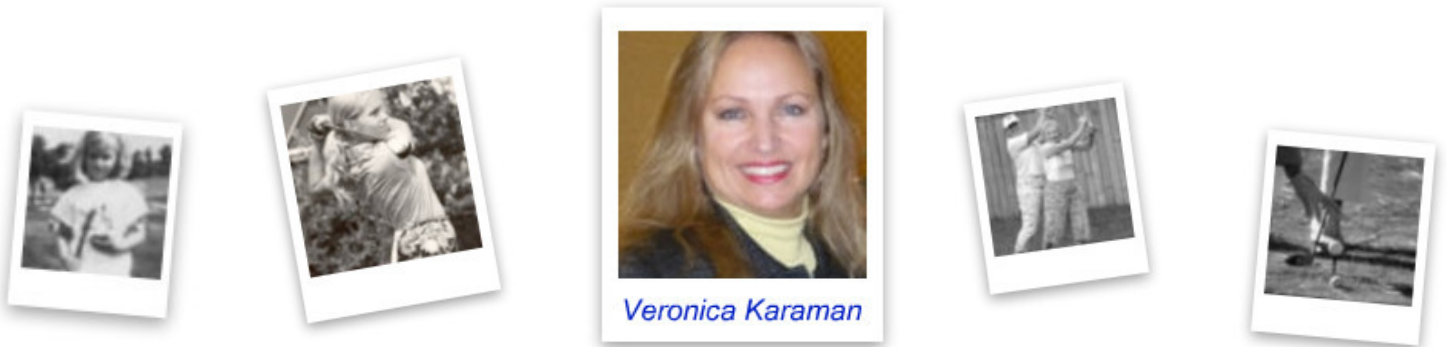


# *Veronica Karaman*

**Inspirational Speaker, Performance Coach, and Relationship Healer**  
**Releasing the power of the true you!**



## ***Swing thoughts for a Winning Life***

- Wondering how you can be a winner on the playing field and in life?
- Would you like to be freed from performance orientation to truly enjoy your sports, work, family, or academic journey?
- Are you experiencing brokenness in your family and would like to know how one shot of joy can give you a fresh start?
- Have you lost your sense of self, and looking for a new true you?

Author, speaker, certified life-coach, and golf professional, Veronica Karaman's passion is helping people to discover their true self and to live powerfully from that place.

Veronica uses her gift of intellect, humor, and champion mindsets from sports to bring out the best in people. "I believe there is a true champion in everyone. Being a champion is not a trophy you achieve, but an identity you realize and walk out daily. The most powerful life is one lived from a true sense of self."

A graduate of Duke University and Regent University, Veronica speaks from her education, extensive training in sports performance, and her own personal quest to be a champion. She knows the highs of playing in the U.S. Open and the lows of battling chronic fatigue for over 17 years. The death of her father at age 15 fueled a life-long journey of self-discovery. She was led out of the lie of believing her worth was in her golf score, and into the freedom of knowing her priceless worth separate from performance--rather, as a child of God. She later reached out to her dying mother at age 85 to reconcile a life-long estrangement. Together they enjoyed a perfect friendship on the golf course which led to a seven year extension of her mother's life, who died her best friend. Veronica now shares with others the transformational relationship dynamics she uncovered from her quest for intergenerational reconciliation.

## *Selected Keynote Topics and Workshops*

- **The True Identity of an Athlete:** A values-based presentation on freedom from performance-orientation to authentic identity discovery. What every athlete and athletic group needs to know about themselves!
- **The Inspirational Story of Mildred Karaman: A Daughter's Quest to Re-claim the Lost Love of Her Mother:** Veronica's own transformational journey of separation to complete reconciliation with her dying mother. A "must hear" for any women's or family group. Includes the 7 Building Blocks for Authentic Relationships.
- **Shots of Joy: 5 Secrets to Turning Strife-Filled Family Dynamics into Fresh Connections:** Perfect for preparing your heart for the holidays. You can't change a person, but you can change the atmosphere! Here's how making one new relational connection can change your life.
- **Doing Death Well:** Valuable insights on end-of-life issues for you and your loved one.
- **Get Your Sass Back, Girl! - Personal Champion Coaching for Women Who Need to Re-discover Themselves:** Veronica's 3 step "true identity discover and release" system on how to move from spectator to "most valuable player" in the game of your own life. How to discover the true you!
- **Academic Champion:** Values-based curriculum for bringing forth the Academic Champion in you!
- **Faith-based: God's Way to an A:** Integration of faith and learning workshop equipping students and teachers to love God with all their mind and enter into learning as a partnership with God. This training will revolutionize your perspective on learning. Perfect for teacher training, spiritual emphasis weeks, lectures, and one day workshops.
- **God, Golf, and the Game of Life:** Valuable insights on the game of life and how to play it. Great for inspirational keynotes, banquets, and special events for both small and large groups.

## *Raving Reviews*

"Veronica spoke at our fall banquet and wowed everyone!" -Carole Clark, Women's Leader

"Veronica ushered in a fresh spirit to our school, and helped our school year begin strong and focused. Our staff loved her!" -Brad Johnson, Headmaster, Sandhills Classical Christian School

"In an adroit and stimulating manner, Veronica was an inspiration to everyone present. She clearly combines a great love of God with highly developed communication skills. Her academic and sports achievement give her special credibility and the ability to share truths from an uncommon angle."  
-Dr. Larry Ellis, Pastor, The Village Chapel

"Veronica has a wonderful talent to combine her knowledge and wisdom about golf and spiritual truths to inspire others to take a closer look at life matters." -Bernhard Langer, Masters Champion, PGA Golf Hall of Fame

"Veronica is a true champion with attributes of intellect, professionalism, charisma, and faith."  
-Madeline Manning Mims, 4 Time Olympian

"The truths Veronica taught me have impacted me so greatly that I plan on using them for the rest of my college career and life." -Tina C., Palm Beach Atlantic University

### **Partial List of Wowed Clients**

- Regent University
- Duke University
- College of William and Mary
- The American Dietetic Association
- Paramount Builders
- Fairview Baptist Church
- Sandhills Classical Christian School
- Links Players
- Law Student Ministries

***FORE speaking engagements, contact:*** Charli Jane Speaker Services, Attn: Wendi McNeill  
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